



# Juneau Community Health Fair

## Saturday March 19, 2016

9:00 a.m. – 12 noon

→ **\*\*\*Thunder Mountain High School\*\*\*** ←

**NEW LOCATION**

3101 Riverside Drive

Brought to you by:

# Bartlett Regional Hospital

### 30" Mini-Classes on:

**Pre-diabetes** by BRH

**Yoga & stress release**

By Mountainside Wellness

**Hands only CPR** by BRH

**Posture & health**

City Chiropractic

**Access Consciousness**

Easeful Being

[www.bartletthospital.org](http://www.bartletthospital.org)

click "resources and classes"  
then "calendar events"

**Juneau Public Health**  
will offer free, private  
and confidential **HIV**  
and **Hepatitis C rapid**  
**screening** with  
private discussion of  
results w/an RN  
Questions about this  
call: 465.3353

### Free Health Screening:

Glaucoma

Blood Pressure

Height and weight

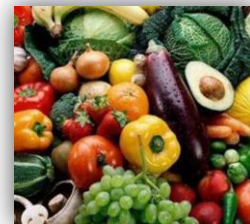
Health planning

Exhibitors from the

community bringing

you their expertise!

## TAKE CHARGE OF YOUR HEALTH!



For individuals 18 years and older we offer

## HIGH QUALITY, LOW COST BLOOD TEST

**Comprehensive Blood Test** (27 panels, CMP, CBC, lipids panel) \$45; Fast 10-12hours

**REMEMBER TO DRINK PLENTY OF WATER & TAKE MEDICATIONS AS PRESCRIBED!**

**Thyroid Stimulating Hormone (TSH)** - \$30

**Estimated Average Glucose (A1C, non-fast)** - \$25

**Prostate Specific Antigen (PSA)** - \$25

**Vitamin D Levels** - \$50

**ABO/RH Blood typing** - \$20



For more information call 907.278.0234 or visit us at [www.alaskahealthfair.org](http://www.alaskahealthfair.org)